



VIE FERRATE



**WITH THE EXPERTS AT
DOLOMITI SKIROCK
YOUR ADVENTURE STARTS HERE**



School of mountaineering, ski mountaineering and climbing

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VIE FERRATE

Try the most beautiful and evocative vie ferrate in Cortina for a unique and extraordinary mountain experience.

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| 1. Via ferrata Falls Fanes in the Natural Park of Ampezzo | via ferrata on Cima Fanis Sud | 8. Via ferrata Strobel on punta Fiames |
| 2. Via ferrata Alpini to the Col dei Bos summit | 5. Via ferrata Ivano Dibona Mt. Cristallo | 9. Via ferrata Tofana di Mezzo / Tofana Terza |
| 3. Via ferrata Olivieri on Punta Anna | 6. Via ferrata Sci 18 on Mt. Faloria | 10. Via ferrata Lipella on Mt. Tofana di Rozes |
| 4. The Tomaselli | 7. Easy via ferrata to Mt. Cristallino d'Ampezzo | |

ALTRE FERRATE

 Via ferrata Rene Depol area Monte Cristallo

 Via ferrata Terza Cengia area Monte Pomagagnon

 Via ferrata Nuvolau / Averau zona Monte Nuvolau

 Via ferrata Bovero al Col Rosà

 Via ferrata Aglio alla Tofana di Mezzo

ROCK CLIMBING SCHOOL: THREE LEVELS

Gold

3 days
(with diploma)
Practical experience of classic and sport climbing on the most beautiful peaks in and around Cortina.

Silver

2 days
Perfect your specific climbing and roped party skills.

Bronze

1 day
Practical climbing and safety skills.

VIE COMUNI

The vie comuni in order to reach mountain peaks on some of the routes created by the Alpine climbers who have made climbing history.

MOUNTAIN WALKS

Mountain walks ranging from short and easy history nature walks to more challenging treks across Dolomite mountain passes and valleys.

NATURE, SPORT & WELL-BEING

3 days with a range of activities: rock climbing, vie ferrate and mountain bike in order to experience the excitement of the mountains.

ACTIVITIES FOR CHILDREN

Activities for children a day of adventure, sport and fun on equipped rock faces or in the magical Volpera forest.



1. Via ferrata Falls Fanes in the Natural Park of Ampezzo

An easy but particularly evocative route in pure naturalistic terms, suitable for beginners who want to try out rock climbing along a fully equipped route using technical via ferrata equipment. A spectacular section leading climbers behind the amazing Rio Fanes waterfall, one of the tallest in the Dolomites with more than 90 m, makes this route unique. Recommended for families.



Fiames at the entrance to the
Ampezzo National Park



Light long trousers, fleece,
windproof jacket, walking boots



Easy, suitable for children aged 7
and over



Helmet, harness, rope and
carabiners



Approx. 4 hours



It is possible to arrive at the start
of the route by mountain bike



2. Via ferrata Alpini to the Col dei Bos summit

Magnificent via ferrata equipped impeccably by the soldiers of the Italian Alpini. The route follows a rocky ridge which is never too exposed or vertical, making for a fun and pleasant ascent. You reach the start of the ferrata in 35 minutes along a highly panoramic footpath, traversing a natural amphitheatre surrounded by vertical towers with trenches and caves from the First World War. Recommended for those who want to learn via ferrata techniques and gain confidence on the rock.



Strobel restaurant, 1km before the Falzarego Pass



Light long trousers, fleece, windproof jacket, walking boots



Medium, key section with vertical rock face at the start



Helmet, harness, rope and carabiners



Approx. 4-5 hours



3. Via ferrata Olivieri on Punta Anna

This route initially follows the ferrata Ivano Dibona, crossing the famous hanging bridge. Immediately after the exposed peak where the footpath begins its descent, you turn left and catch a glimpse of the summit of Mt. Cristallino d'Ampezzo. The summit of the mountain is sharp and narrow, but offers a breathtaking view of the imposing Mt. Cristallo.



Dibona refuge at 2089 m with car access



Light long trousers, fleece, windproof jacket, walking boots



Challenging. Key section with vertical and exposed edge approx. half way through the ferrata



Helmet, harness, rope and carabiners



Approx. 5-5.5 hours



4. The Tomaselli via ferrata on Cima Fanis Sud

A historic route with echoes of the absurd World War of 1915-18. The wooden ladder fixed to a vertical rock face is still there as are leftovers from the war stuck in the harsh rocky environment. The via ferrata involves challenging sections and some sheer drops all of which are well equipped and totally safe. From the summit at 2980 m, after admiring an incredible 360 degree view, we descend on the opposite side on a not unchallenging roped section in descent initially to Selletta Fanis and then to Forcella Lagazuoi and the Falzarego pass.



Falzarego pass – Lagazuoi
cablecar



Light long trousers, fleece, wind
proof jacket, walking boots



Challenging, “key passage” sheer,
slippery passage at the beginning
of the via ferrata



Helmet, harness, rope and
carabiners



Approx. 5-6 hours



5. Via ferrata Ivano Dibona Mt. Cristallo

In terms of sheer beauty and historical content (First World War), the legendary via ferrata Ivano Dibona is unparalleled in the Dolomites. Using the Mt. Cristallo lift facility you reach the Lorenzi refuge perched on a rock at just under 3000 m altitude. You start climbing immediately, scaling a vertical metal ladder leading to a suspension bridge, after which you proceed along a breathtaking route across exposed ridges and ledges. Although there are no sections of particular technical difficulty, it is suitable only for fit and well trained individuals due to its considerable length.



Rio Gere - Cristallo ski lift -
Lorenzi refuge
(finish: Ospitale refuge)



Challenging because of its
considerable length



Approx. 6-7 hours



Light long trousers, fleece,
windproof jacket, walking boots



Helmet, harness, rope and
carabiners



6. Via ferrata Sci 18 on Mt. Faloria

This route was designed recently by the Alpine Guides of Cortina according to a new ferrata concept involving a search for technically challenging sections which require considerable physical strength, particularly in the arms. The result is a stunning route, considered the most difficult via ferrata in Cortina and the Dolomites. As well as being vertical, the route offers you the opportunity to admire splendid views of Cortina as you climb toward the summit of the rock face. On completion of the ferrata, you will find the Faloria refuge only 5 minutes walk away!



Cortina Faloria cable car (you descend to the Mandres intermediate stop)



Challenging and physically demanding. Key passage during 1° section of the via ferrata, vertical, smooth rock face



Approx. 4-5 hours



Light long trousers, fleece, windproof jacket, walking boots



Helmet, harness, rope and carabiners



It is possible to arrive at the start of the route by mountain bike



7. Easy via ferrata to Mt. Cristallino d'Ampezzo

This route initially follows the ferrata Ivano Dibona, crossing the famous hanging bridge. Immediately after the exposed peak where the footpath begins its descent, you turn left and catch a glimpse of the summit of Mt. Cristallino d'Ampezzo. The summit of the mountain is sharp and narrow, but offers a breathtaking view of the imposing Mt. Cristallo.



Rio Gere - Cristallo ski lift -
Lorenzi refuge



Light long trousers, fleece,
windproof jacket, walking boots



Easy (suitable for children aged 7
and over)



Helmet, harness, rope and
carabiners



Approx 4 hours



It is possible to arrive at the start
of the route by mountain bike

Punta Fiames



8. Via ferrata Strobel on Punta Fiames

A demanding route involving a climb of 1000 m and a descent of the same length. The via ferrata begins at the end of a steep footpath through dwarf mountain pines with a long unconnected ledge which takes you to the edge of the rock face. The well equipped ferrata climbs along beautiful and enjoyable rock faces without any particularly difficult sections. Arriving at the summit, which looks a little like the prow of a ship sailing towards Cortina, you are rewarded with a splendid panorama of the Ampezzo valley and the town centre. You then descend via forcella Pomagagnon, from where a long sandy scree slope takes you to the foot of the rock face.



Fiames ,at the Fiames restaurant



Medium



Approx. 5-6 hours



Light long trousers, fleece, windproof jacket, walking boots



Helmet, harness, rope and carabiners



9. Via ferrata Tofana di Mezzo / Tofana Terza

This route is a must for anyone who wants a complete high mountain experience as it climbs two peaks over 3000 meters, Mt. Tofana di Mezzo at 3244 m and Mt. Tofana Terza at 3228 m. It is spectacular and imposing but at the same time accessible to many as a route of medium difficulty level. The Freccia del Cielo cable car takes you just below the summit of Mt. Tofana di Mezzo and then a short climb takes you to the starting point of this adventure.



Cortina - Freccia del Cielo cable car



Medium



Approx. 5-6 hours



Light long trousers, fleece, windproof jacket, walking boots



Helmet, harness, rope and carabiners



10. Via ferrata Lipella on Mt. Tofana di Rozes

The via ferrata climbs the west face of this great mountain zigzagging along horizontal ledges and vertical rock faces to Tre Dita where you can leave the route in the direction of the Giussani refuge at 2600 metres. Fitter, well trained climbers can reach the peak of the Tofana di Rozes at 3225 metres by via ferrata. The return journey follows traces of footpath to the Giussani refuge and then to the Dibona refuge. The unique features of this route include a long section of tunnel (a torch is obligatory) dug by the Italian army in order to conquer an Austrian forward position in the 1915-18 war.



Dibona refuge 2083m – by car



Medium



Approx. 5-8 hours



Light long trousers, fleece, windproof jacket, walking boots



Helmet, harness, rope and carabiners

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Numeri telefonici utili

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Previsioni meteo e bollettino valanghe
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